



# Julie Marie Sorenson

SEP 26, 1958 - JAN 20, 2026



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# Julie Marie Sorenson

SEP 26, 1958 - JAN 20, 2026

**J**ulie Marie Sorenson passed away peacefully in the presence of family on January 20, 2026, following a long and courageous battle with cancer. While the illness ended her life, it served to profoundly strengthen her faith. Her incredible spirit was never diminished and will always be with us.

Julie was born in San Francisco on September 26, 1958, the daughter of John V. (Jack) Sorenson and Margaret M. (Sam) (Froelich) Sorenson. She is survived by her husband of nearly 35 years, Francis (Frank), three children, Arturo (Turo), Veronica (Vero) and Cecelia (Ceci), and brother Jeffrey (Jeff) Sorenson.

Julie held multiple post-graduate degrees in medicine and integrative health, working for decades as a surgical and OB-GYN physician assistant (PA-C) and later as a nutritionist (CNS, LDN). She was particularly dedicated to women's health issues throughout her career and was driven by a deep desire to care for people. Her many years of clinical experience, combined with endless research and a passionate belief in food as medicine, made her a much sought-after advisor and healer.

While she was incredibly proud of her career accomplishments, Julie viewed having a strong, loving family and raising three amazing children as her greatest achievement. In addition to being dedicated to her family and profession, Julie cared for two rescue dogs, River and Violet, was an avid gardener and herbalist, and always enjoyed traveling.

A memorial service will be held at St. Andrew by the Bay Parish (701 College Pkwy, Annapolis, MD 21409) on Friday, February 27, 2026, at 11am.



## Events


**Julie Marie Sorenson**

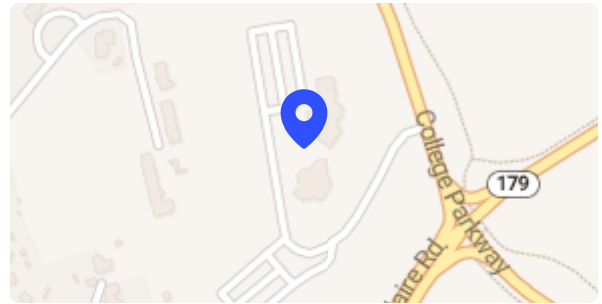
SEP 26, 1958 - JAN 20, 2026

### Memorial Service

 **Friday**, February 27, 2026

 11:00 AM ET

 **St. Andrew by the Bay Catholic Church**  
701 College Parkway, Annapolis MD





## Tribute Wall

**Julie Marie Sorenson**

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**Lorelei Dinger** posted:

Growing up, Julie's house was the place to be. We loved having sleepovers there because we knew Julie would be preparing the most incredible pasta. We would all gather around the kitchen bar, sharing stories and laughing endlessly. Julie was warm, loving, and always ready with a laugh. It was impossible not to feel instantly comfortable around her. Before we left for college, Julie gifted each of our friends a small framed print. Mine said "10 mil Besos," a nod to being in the Spanish immersion program with Vero. That print has stayed with me ever since and has hung in more than five different homes. I'm grateful to have this small reminder of Julie and the immense love she shared so freely with others. Lorelei Dinger

March 6 at 12:36 PM



**Anonymous** sent a Beautiful in Blue to the Sorenson family.



February 26 at 9:43 AM



**Anonymous** planted a Memorial Tree in honor of Julie.



February 26 at 9:43 AM



**Michael Desmarais** sent a Beautiful in Blue to the Sorenson family.



February 25 at 8:18 PM



**Michael Desmarais** planted a Memorial Tree in honor of Julie.



February 25 at 8:18 PM



# Tribute Wall

**Julie Marie Sorenson**

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**Anonymous** sent a Days of Sunshine Bouquet to the Sorenson family.

February 25 at 6:59 PM



**Anonymous** planted a Memorial Tree in honor of Julie.

February 25 at 6:59 PM



**Anonymous** planted a Memorial Tree in honor of Julie.

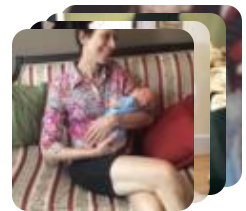
February 24 at 1:02 PM



**Talía D'adamo** shared 4 photos to the **Tribute Wall** album.

My Sweets

January 26 at 10:29 PM



**Julia M.** planted a grove of 3 Memorial Trees in honor of Julie.

February 23 at 9:25 AM



**Dean And Claudia Viologis** sent a Peaceful White Lilies Basket to the Sorenson family.

February 21 at 2:39 PM





# Tribute Wall

**Julie Marie Sorenson**

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**Steve A.** planted a grove of 3 Memorial Trees in honor of Julie.

February 19 at 10:17 AM



**Anonymous** planted a grove of 3 Memorial Trees in honor of Julie.

February 18 at 12:38 PM



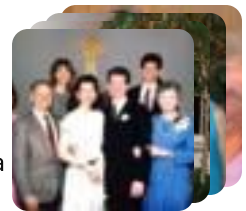
**Fran F.** planted a grove of 5 Memorial Trees in honor of Julie.

February 2 at 11:00 AM



**Lisa Carchedi** shared 9 photos to the **Tribute Wall** album.

I've known Julie most of my adult life since she came into our family and married my brother. There are many good memories. We simultaneously attended MUIH to extend our education. She focused on nutrition and I on yoga therapy. She would swing by my class and leave me notes and surprise treats of "brain food and eicosanoids" AKA nuts and berries. She was not only a kind and generous spirit, but also creative, intelligent, and quick-witted. I am glad to have known her all of these decades and that she was a part of our family. I will always remember her impact on me over the years and will miss her being here and being one of us. Lisa ❤️



January 26 at 10:29 PM



**Jeffrey L.** planted a grove of 5 Memorial Trees in honor of Julie.

January 29 at 11:41 AM





## Tribute Wall

**Julie Marie Sorenson**

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LM

**Lucia Maricich** shared a photo to the **Tribute Wall** album.



January 27 at 10:45 AM

LM

**Lucia Maricich** lit a candle in honor of Julie.

Aunt Julie had a unique way of making each person she spoke to feel special and truly heard. She would give you her full attention and interest in whatever you had to say. She also was very considerate of others, i.e. always making vegan stuffing for me at Thanksgiving so I didn't feel left out. I will continue to make her recipe in her memory! We both loved natural health and nutrition so that was always fun to talk to her about at family parties. She had a calm and peaceful energy that was such a joy to be around. A few Christmas Eves ago, I happened to play on piano "The Answer" by Corinne May. She messaged me later telling me that she listened to that song before she went to bed and it helped bring her strength and peace during times of trial. I feel the same way about the song and will continue to play it in her honor. We love you Aunt Julie! And we are continuing to pray for you, Uncle Frank, Turo, Vero and Ceci.



January 27 at 10:42 AM

DG

**Donna And Angelo Guarino** sent a Serene Retreat to the Sorenson family.



January 27 at 9:33 AM

CF

**Carly Fisher** posted:

I consider myself blessed and lucky to have had Julie's as my clinical teacher at MUIH. She radiated a genuine healing presence and kindness that instilled courage in her students. She modeled so beautifully what it looks like to listen to clients and create a personalized protocol with clinical excellence and tact when I was terrified to conduct my first nutrition sessions. I remember thinking, her kids are so lucky to have her as a mom. My condolences to her family for your loss.

January 26 at 10:29 PM



# Media

**Julie Marie Sorenson**

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Talia D'adamo shared 4 photos to the **Tribute Wall** album.

February 23 at 1:53 PM





# Media

**Julie Marie Sorenson**

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# Media

**Julie Marie Sorenson**

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Lisa Carchedi shared 9 photos to the **Tribute Wall** album.

February 1 at 4:40 PM





**Media**

**Julie Marie Sorenson**

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# Media

**Julie Marie Sorenson**

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**Lucia Maricich** shared a photo to the **Tribute Wall** album.

January 27 at 10:45 AM





# Memories only last if you share them

Join us in honoring Julie by contributing to a collection of shared memories.



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